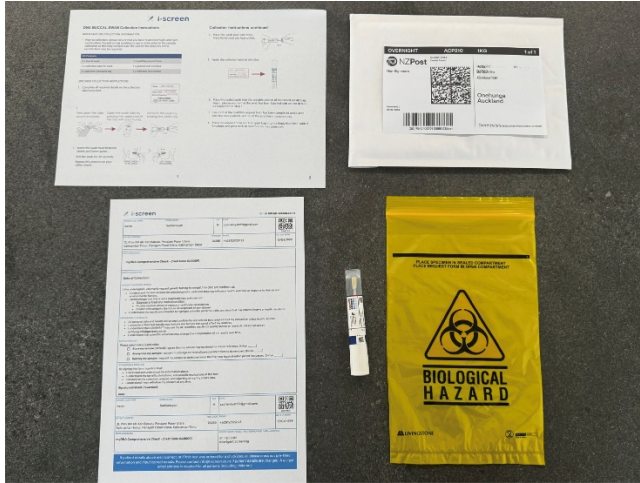


DNA BUCCAL SWAB Collection Instructions

IMPORTANT PRE-COLLECTION INSTRUCTIONS

Please only **collect your sample on a Sunday or Monday** and ensure that it is returned on Monday. Prior to collecting your DNA sample first thing in the morning, **ensure that you have fasted overnight – this means no food, drink, oral care, smoking, or chewing gum**. Also, please **wash your hands thoroughly** before handling the collection kit. This helps to reduce the risk of sample contamination and ensures the most accurate results from your test.



DNA KIT CONTENTS
1x DNA swab
1x i-screen request form
1x biohazard bag
1x prepaid return mailer
1x collection instructions


1. Fill Out and Sign Your Request Form

This is a vital part of your DNA test submission. Please follow these steps carefully:

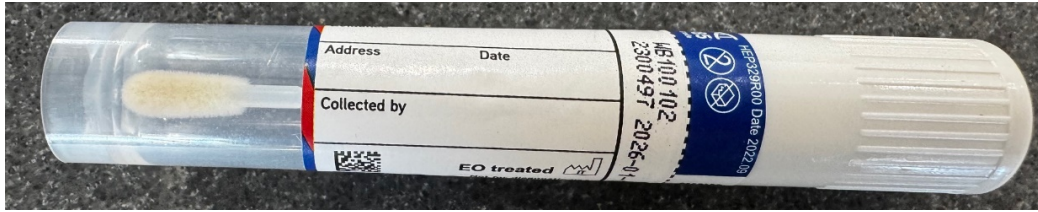
- Each test kit includes a **request form** which is automatically pre-filled with the details of the person who placed the order.
- If you are ordering for someone else (e.g. a child or spouse), you **must cross out the pre-filled information** and clearly write the correct patient details.
- The form **must be signed**:
 - **By the individual providing the sample**, or
 - **By a parent or legal guardian** if the sample is for a child.
- Each patient has a **unique patient number**, located **under the QR code in the top right corner** of the request form.



Email info@i-screen.co.nz

PATIENT LAST NAME	GIVEN NAMES	SEX	EMAIL	QR CODE
Smith	Jane	F	janesmith@gmail.com	

- This number is how we track your sample and match it to your account.

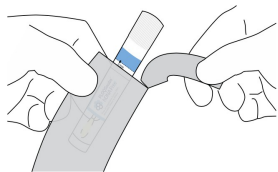


- You must also clearly label the DNA swab tube with your:
 - **Unique patient number** under 'Evidence'
 - **Full name** under 'Collected by'
 - **Date of birth** under 'Date'
- If you update or change any patient information, please contact info@i-screen.co.nz.
- A separate i-screen account with a **unique email address is required for each patient**, including children.
 - If you only have one email address, you can use '+' to create variations. For example, if your email is parent@example.com, you can register your child using parent+childname@example.com. Emails with '+' still go to your original inbox but are treated as unique by our system.

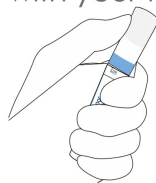
2. Sample Collection Instructions

- Ensure that you have fasted overnight — this means no food, drink, oral care, smoking, or chewing gum. Also, please wash your hands thoroughly before handling the collection kit.
- Ensure the swab and inside of the collection tube do **not come into contact with any surfaces**.

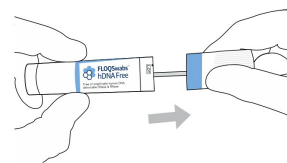
Peel open the tube pouch enclosed.



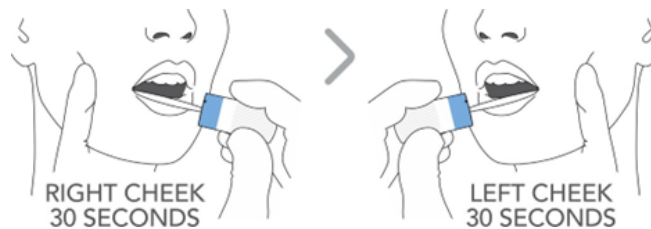
Open the swab tube by pressing the upper part of the cap with your thumb.



Remove the swab by holding the white cap.



- Collect your sample by **firmly rubbing the swab** against the inside of both cheeks for a total of **60 seconds**



- Place the swab back into the tube and seal it securely.

3. Packaging Your Sample for Return

- Place the labelled DNA tube inside the **biohazard bag**.



- Insert the **completed and signed request form** into the **outside pocket** of the biohazard bag (do not place it inside with the tube). If you have ordered multiple tests please ensure that only one swab and its accompanying paperwork is placed in each biohazard bag.



The image shows a completed request form for i-screen genetic testing, placed inside a yellow biohazard bag. The form includes the following information:

PATIENT LAST NAME	PATIENT NAME	SEX	EMAIL	QR CODE
Kevin	Sadriansyah	M	sadriansyah89@gmail.com	
PATIENT ADDRESS	POSTCODE	PHONE	DATE OF BIRTH	
3L Provi KM 48, Kec Babulu, Penajam Paser Utara Kalimantan Timur, Penajam Paser Utara, Kalimantan Timur	76285	+628123123123	13/04/1999	
TEST REQUESTED	myDNA Comprehensive Check - (Test Code SAB009)			
SAMPLE COLLECTION	Date of Collection:			
CONSENT FOR GENETIC TESTING	I, the undersigned, voluntarily request genetic testing for myself / my child and confirm that:			



- Then, place the entire biohazard bag into the **provided return mailer**.

Return Instructions:

NZ New Zealand

1. **Use the Prepaid Envelope**

Return your sample using the **labelled prepaid bubble mailer** provided in your kit.

2. **Send It Off**

You can return your DNA sample by dropping it at any **NZ Post Shop**.

3. **Results**

You can expect your results to appear in your **online dashboard** within **3-4 weeks** of the sample being sent back to the lab.